

Springhurst Elementary School

October 2022 Breakfast Menu

Free & Reduced Applications available on DFSD website under meals and other payments.

3	4	5	6	7
Fluffy Pancakes w/ Syrup Assorted Cereals Apple Juice Milk	Scrambled Eggs Turkey Bacon & Cheese on Roll Blueberry Muffin Apple Slices Milk	Yom Kippur Schools Closed	Waffles w/ Syrup Assorted Cereals Red Apple Orange Juice Milk	Cherry Frudel Banana Muffin Apple juice Orange Wedge Milk
10	11	12	13	14
Columbus Day/ Indigenous Peoples' Day	Cheese Omelet Turkey Bacon Assorted Cereal Petite Banana Orange Juice Milk	French Toast Sticks w/ Syrup Watermelon Cubes Assorted WG Muffins 100% Fruit Juice Milk	Scrambled Eggs Chicken Sausage Apple Slices Assorted Cereals 100% Apple Juice Milk	Apple Frudel Pastry Stick Banana Muffin Graham Crackers Fresh Grapes Milk
17	18	19	20	21
French Toast Sticks w/ Syrup Turkey Bacon Orange Smiles Assorted WG Muffins 100% Apple Juice Milk	Sausage, Egg & Cheese on Bun Sweet Raisins Assorted WG Cereals Milk	Scrambled Eggs Turkey Bacon Assorted WG Muffins Honeydew Melon 100% Apple Juice Milk	Waffles w/ Syrup Assorted WG Cereals Red Apple 100% Orange Juice Milk	Cinnamon Glazed WG Donut Blueberry Muffins Petite Banana Apple Juice Milk
24	25	26	27	28
Pancakes w/ syrup Apple Slices Assorted WG Muffins Orange Juice Milk	Cheese Omelet Petite Banana Apple Juice Assorted Cereals Milk	Scrambled Eggs & Cheese on English Muffin Turkey Bacon Cantaloupe Grape Juice Milk	Waffles w/ syrup Assorted WG Muffins Apple Sauce 100% OJ Milk	Breakfast Pizza w/Turkey Bacon Egg & Cheese Orange Smiles Apple Juice Milk
31	1	2	3	4
French Toast w/ syrup Assorted Cereals Red Apple Apple Juice Milk	Scrambled Eggs Turkey Bacon Chocolate Chip Muffin Fresh Plum Orange Juice Milk	Sausage Egg & Cheese Quesadilla Assorted Cereals Petite Banana Grape Juice Milk	WG Waffles w/ syrup Assorted WG Muffins Fresh Blueberries Apple Juice	Grape Filled Crescent Orange Wedges Apple Juice Milk

More info... Daily Breakfast Offerings

Assorted Whole Grain Muffins (Banana, Blueberry, Chocolate Chip)
Yogurt Parfait with Fresh fruit & Granola
WG Reduced Sugar Cereals served with Cheese Stick
Fresh Fruit & 100% Fruit Juice

. Earn while they learn! Looking for a part time job? Aramark, Dobbs Ferry's Food Service is now accepting applications! Contact Kathy Weinborg 914-693-1500 ext 3011.

More info... Any Questions or Concerns please contact FSD Kathy Weinborg 914-693-1500 ext: 3011.
"If you have an allergy please speak to the owner, manager, chef or server."

Paid breakfast price
\$1.25

Springhurst Elementary School

Lunch Menu October 2022

Free & Reduced Applications available on DFSD website under meals and other payments.

<p>3</p> <p>Grilled Cheese Baked Fries Mixed Vegetable Apple Sauce Orange Juice Milk</p>	<p>4</p> <p>Chicken Lo Mein Red Pepper Strips Broccoli Florets Petite Banana Apple Juice Milk</p>	<p>5</p> <p>Yom Kippur Schools Closed</p>	<p>6</p> <p>Turkey Soft Tacos Pico De Gallo Sauce Cheddar Cheese Cilantro Rice Campfire Beans Watermelon</p>	<p>7</p> <p>Cheese or Pepperoni Pizza Sweet Potato Fries Steamed Spinach Orange Wedge Milk</p>
<p>10</p> <p>Columbus Day/ Indigenous People's Day Schools Closed</p>	<p>11</p> <p>Chicken Patty on a Bun Sweet Potato Fries Broccoli Orange Juice Red Apple</p>	<p>12</p> <p>Spaghetti & Meatballs Garlic Breadstick Roast Garden Vegetables Petite Banana Milk</p>	<p>13</p> <p>French Toast Sticks w/ Syrup Hash Brown Chicken Sausage Patty Watermelon Cubes Milk</p>	<p>14</p> <p>Cheese Or Pepperoni Pizza Baked Fries Fresh Cherry Tomatoes Raisins</p>
<p>17</p> <p>Macaroni & Cheese WG Dinner Roll Celery Sticks Applesauce Milk</p>	<p>18</p> <p>Chicken Nuggets Mashed Potatoes w/ Gravy Baked Beans Honeydew Melon Milk</p>	<p>19</p> <p>Rotini Pasta & Meat Sauce Breadstick Roasted Broccoli Petite Banana Milk</p>	<p>20</p> <p>Chicken Tenders Tater Tots Roast Cauliflower Sweet Grapes Milk</p>	<p>21</p> <p>Cheese Or Pepperoni Pizza Black Bean Salad Red Apple Milk</p>
<p>24</p> <p>Pizza Sticks w/ Tomato Dipping Sauce Garlic Breadsticks Baby Carrots Apple Slices Milk</p>	<p>25</p> <p>Beef & Cheese Nachos Mexicali Rice Kickin Pinto Beans Red Pepper Strips Petite Banana Milk</p>	<p>26</p> <p>Chicken Patty on a Bun Baked Fries Green Beans Fresh Blueberries Milk</p>	<p>27</p> <p>Italian Meatball Hero Broccoli Florets Orange Smiles Milk</p>	<p>28</p> <p>Cheese or Pepperoni Pizza Dinner Roll Zucchini Raisins Milk</p>
<p>31</p> <p>Chicken Nuggets BBQ Dipping Sauce Mashed Potatos Green Beans Red Apple Milk</p>	<p>1</p> <p>Cheese Quesadilla Salsa Sante Fe Rice Charro Beans Cantelope Milk</p>	<p>2</p> <p>Hamburger or Cheeseburgers Sweet Potato Fries Celery Sticks Raisins Vegetarian Burgers Available</p>	<p>3</p> <p>Fluffy Pancakes w/ Syrup Hash Browns Chicken Sausage Baby Carrots Banana</p>	<p>4</p> <p>Cheese or Pepperoni Pizza Tater Tots Cucumber Slices Fresh Peach Milk</p>

More info... Daily Breakfast Offerings

Fruits & Veggies: Local NY Apples, Oranges, Bananas Carrots, Celery, Cucumber and Legume Salad

(P) = Pork

"If you have an allergy, please speak to the owner, manager, chef or server."

Earn while they learn! Looking for a part time job? Aramark, Dobbs Ferry's Food Service is now accepting applications! Contact Kathy Weinborg 914-693-1500 ext 3011.

More info... Any Questions or Concerns please contact FSD Kathy Weinborg 914-693-1500 ext: 3011.

"If you have an allergy please speak to the owner, manager, chef or server."

Daily Information: All meals Served with Choice of 1% milk, Fat Free Milk, Fat Free Chocolate Milk (Antibiotic & Hormone Free)

All Meals Offered with Fresh Fruit, 100% Fruit Juice and WG Dinner Rolls. Leafy Green Salads Served Daily